

## Newsletter: July 2024

### General Information

Welcome to Divine Medical & Cosmetic Skin Centre. We are a two in one medical centre providing holistic care to all our patients. Our range of services aim to improve patient over all wellbeing by feeling good in the inside and looking good on the outside.

Our professional, well trained, experienced, and friendly GP's provide quality care and target both inner and outer care.

#### Opening Hours

Monday – Friday 8:00am to 5:00pm

Saturday - 9:00am to 2:00pm

**CLOSED** Public Holidays

#### Cancellations

If you are unable to attend your appointment, please contact our friendly receptionists at least 2 hours prior to your allocated time.

#### Feedbacks & Complaints

If you are concerned with the service you have received, we are keen to hear about it. Please speak to our Practice Manager to discuss your concerns. You may also contact the office of the Health Ombudsman or Complaints Commission if complaints cannot be resolved.

#### Health Ombudsman

Email: [info@ofc.qld.gov.au](mailto:info@ofc.qld.gov.au)

Phone: 133 OHO (133 646)

Write: Office of the Health Ombudsman

Po Box 13281

George Street, Brisbane 4003

Website: [www.oho.qld.gov.au](http://www.oho.qld.gov.au)

#### Health, Quality and Complaints Commission

Phone: 3120 5999

Write: GPO box 3089

Brisbane 4000

#### Privacy

We value your privacy, it is our policy to maintain the security of your health information at all times and to ensure that this information is only available to authorised staff.

#### Follow Up Results

At the time of your consultation, your doctor will advise when they expect your results to be back. If the doctor indicates they would like to see you regarding a follow up, our receptionists will phone to book an appointment.

#### Phone Calls

Our doctors can be contacted during normal opening hours. Please advise receptionists of the nature/ urgency of the call. If the doctor is busy, our receptionists will take a message and get the doctor to phone back at their earliest convenience.

#### Afterhours and Home Visits

When the surgery is closed, please ring 0455852101. Please note afterhours call out fee is \$150 out of pocket expense. Home visits are made when necessary. If you are in need of a home visit, please contact the surgery as soon as possible from 8am

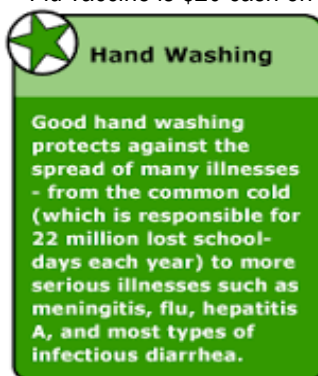
#### Appointments

Please phone 4194 5555 to make an appointment. Standard appointments are 15 minutes. If you require more time, please notify receptionist. Walk in appointments are available. Urgent medical problems are always dealt with promptly. If it is an emergency, please phone 000. You have an option of registering to receive reminder notices regarding health services and appointments appropriate to your care.

*Think divine, think trusted and quality health care*

### BONE BUS IS COMING TO TOWN 22-23 August 2024

- Book your appointment with your doctor to get your referral
- Flu vaccine is free if you are over 65 years or have a chronic illness.  
(to be booked on separate day from Dr visit please)
- Flu vaccine is \$20 cash on the day if not eligible for free.



### OUR FRIENDLY STAFF

#### Doctors

##### **Dr Sam Osedimilehin**

MBBS, FRACGP, Dip. Aesthetic Med, Dip Dermoscopy, DSCMS, Dip HIV Mgt (RSA)

##### **Dr Jean O'Brien**

MBBS, Special Interests in Woman's Health & Preventative Health

##### **Dr Yadana Hlaing**

MBBS, AMC

##### **Dr Jason Alexandre**

MBChB

##### **Dr Thet Lyar Theint**

MBBS, AMC

##### **Dr Sai Htin**

MBBS, AMC

#### Nurses:

Elizabeth Osedimilehin RN

Patience Adewumi RN

Flenn Malado RN

Dianna Li AIN

#### Practice Manager:

Elizabeth Osedimilehin

#### Receptionists:

Linda Smith – Unit Leader

Lynn Low

Tracy Chamberlain

Willem Davis

**BTL EMSELLA™**  
SAY NO  
TO INCONTINENCE

Brand new to the Surgery!!

The Non-Invasive treatment for stress urinary incontinence, vaginal relaxation syndrome and vaginal atrophy.

A breakthrough treatment for incontinence and confidence. This unique technology revolutionizes the women's intimate health and wellness category by providing those suffering from incontinence with a completely NON-INVASIVE option!!!



Brand new to the Surgery!!!

The Emsculpt is the only procedure to help both women and men build muscle and burn fat. In addition, the Emsculpt creates the world's first non-invasive buttock lifting procedure.

This Non-Invasive procedure induces powerful muscle contractions not achievable through voluntary contractions. When exposed to these contractions, the muscle tissue is forced to adapt to such extreme condition. It responds with a deep remodelling of its inner structure that results in muscle building and burning fat!!

**HYDRAFACIAL**  
cleanse, extract, and hydrate

Only HydraFacial uses patented technology to cleanse, extract, and hydrate. HydraFacial super serums are made with nourishing ingredients that create an instantly gratifying glow in just three steps

1. Cleanse & Peel – Uncover a new layer of skin with gentle exfoliation and relaxing resurfacing.
2. Extract & Hydrate – Remove debris from pores with painless suction. Nourish with intense moisturizers that quench the skin.
3. Fuse & Protect – Saturate the skin's surface with antioxidants and peptides to maximize your glow.

Do you suffer sagging skin, age spots, thin lips or crow's feet? We may have the treatment for you!

**Dysport** is perfect for targeting stubborn frown lines and wrinkles between the eyebrows and forehead known as the glabellar lines. It is also perfect for smoothing out crow's feet around the eyes.

**Dermal Fillers** are designed for broad lines and wrinkles. They can also be used to plump and define lips and fill hollow areas on the face. Our product of choice are Restylane & Perlane.

Wrinkles  
got you  
down?



Our Services

**Family:**

Men's Health, Women's Health, Child Health including immunisations

**Disease Management:**

Diabetes, Cardiovascular, Asthma, Chronic Diseases

**Support Programs:**

Health Assessments, Chronic Disease Management, Mental health care plans, quit smoking program, Sexual health counselling, Weight management, Indigenous Health

**Other:**

Drivers Licence Medicals, Cryotherapy, ECG, Pregnancy Test, Spirometry, STD check, Blood tests, Hearing Test, Minor Surgery.

**Our Fees:**

Payment can be made by cash or EFTPOS

- Comprehensive Skin Check **\$150** (\$41.40 rebate Medicare)
- Total Body Scan (Fotofinder) **\$150\***
- Fraxel Laser Therapy starts from **\$1500\***
- Dysport/Botox \$5.50 per unit
- Dermal Fillers starts from **\$600\***
- Laser Pain Therapy starts from **\$120\***
- **Obagi Cosmetic Creams Available to purchase**
- **Juvelis Cosmetic Creams Available to purchase**
- **Medik8 Cosmetic Creams Available to purchase**

**\*No Medicare rebate**

Engaging with other services & referrals

Our doctors will provide sufficient info & referral letter if and when needed to plan & facilitate optimal patient care.

Communication Policy

Arrangements for any patients who might require communication services, such as utilising AUSLAN for hearing impaired patients is available. Patients who require communication assistance are encouraged to let reception staff know when making an appointment